



Sri Aurobindo Ashram – Delhi Branch Trust

Sri Aurobindo Marg, New Delhi – 110 016

Autumn Youth Camp Daily Schedule

From	To	Schedule
6:30 am	7:30 am	YOGIC KEEP FIT
7:30am	8:00 am	Breakfast
8:30am	12:00 noon	ROCK CLIMBING COURSE *1
12:30am	1:00 pm	Lunch
1:00pm	2:00 pm	Rest
2:30pm	4:30 pm	TREKKING *2
3:00pm	4:30 pm	Community singing
4:30pm	5:00 pm	TIFFIN (Tea snacks)
5:30pm	6:30 pm	Games
7:00pm	7:30 pm	Meditation
7:30pm	8:30 pm	Dinner
8:30pm	9:00 pm	COMMUNITY SINGING /CULTURAL
10:00pm		Lights off

PROGRAM

*1. - 2 Days Long Trekking

*2. - 1 Days visit to The Town

*3. - The above program is subject to change